

大康自然健康中心

OPTIMUM HEALTH CENTRE

Acupuncture

SAFE, PLEASANT, EFFECTIVE TREATMENT FOR:

- Athletic, Auto and Work Injuries
- Muscle and Nerve pain
- Neck, Shoulder and Back Injuries
- Post-surgical Care
- Stroke and TIA Care
- Rehabilitation for Cerebral Palsy
- Sciatica
- Numbness and Impingement
- Tendonitis and Bursitis
- Arthritis
- Anxiety and Depression
- Headache and Stress
- Allergies, Colds and Flu
- Digestive and Elimination Problems
- High Blood Pressure
- Menstrual Disorders
- Smoking and Substance Abuse
- Obsessive-Compulsive Disorders
- Weight Management
- Rejuvenation and Mood Elevation

“SURPRISINGLY, THE MOST EFFECTIVE NEW DEVELOPMENT IN INTERNATIONAL HEALTH CARE IS SEVERAL THOUSAND YEARS OLD”...

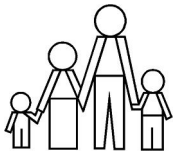
WHAT KINDS OF THERAPIES ARE USED?

The techniques applied are mainly those of Traditional Chinese Medicine. Acupuncture acts quickly as it immediately engages the circulatory, nervous and defensive systems.

It brings regulation of local and deep circulation, integration of nerve signals and flow of neurochemicals like enkephalins and endorphins for natural pain relief. True healing begins with increased flows of blood, nutrients and oxygen to affected tissues. Acupuncture does this very well.

採用: 自然療法、脊骨神經科、同類療法、針灸、營養療法、按摩、芳香療法、水療、洗腸療法、草藥療法、電腦測試及各類健康用品食物、書籍等。

Practice of: Naturopathy, Chiropractic, Homeopathy, Acupuncture, Nutrition, Massage, Aromatherapy, Hydrotherapy, colonics, Herbalogy, Computerized Therapeutic Testing, Various Health Products, Food, Books, etc.



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Treatment is comfortable and virtually painless. The pins are hair-thin, sterilized and single use. Deep relaxation typically accompanies treatment.

Acupressure is a set of strokes and stretches used in place of or with acupuncture. Acupressure supplies more blood, nutrients and oxygen to tissues so that lasting healing can take place.

Herbs and supplements build the organs and strengthen resistance. The best treatment for weak and chronic conditions is to turn them into strengths. Increased energy and greater productivity result.

Heat therapies with herbs and with hot packs relax and loosen muscles so that deep tissue healing occurs.

WHY SHOULD I TRY A COURSE OF ACUPUNCTURE?

Acupuncture is part of a complete system of effective healing developed over a period of 2500 years.

Acupuncture treatment of nerve and muscle pain, repetitive stress injuries and addictions is generally less expensive and more effective than conventional medical treatment.

Acupuncture is free of the side effects of drugs and surgery. It is a complement to other methods of healing. It may be the ideal choice for your health concerns.

HOW DOES ACUPUNCTURE WORK?

Acupuncture relies on the body's own defensive and immune systems for its effects. Inserting a hair-thin needle sends messages up the spinal cord to the brainstem and cerebral cortex for processing. Orders are then sent down the spinal cord to levels above and below the site of insertion.

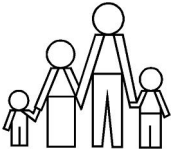
Chemical and hormonal messengers achieve balance in the body by repairing tissue and providing drugless pain relief. The harmony of yin and yang and the flow of energy that results is called homeostasis in the West.

Acupuncture treats the mechanism behind pain for true healing. Pain and poor organ function are the result of lack of circulation to affected tissues.

Acupuncture solves these problems in most cases and does so quickly.

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I HATE NEEDLES!

All human beings have a built-in fear of needles; it's part of our defensive system. For those who prefer, we use electro-acupuncture, laser acupuncture, acupressure, supplements and herbs in place of acupuncture.

WHO CAN BENEFIT FROM THESE TREATMENTS?

Nearly everyone, depending upon the condition being treated. All that is required is a sincere commitment to resolving the underlying reasons for a health problem and sticking with a plan designed to suit you. Most issues require between 3 and 10 sessions.

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